

# Packing List for Brand G

Laundry: Laundry service will be provided at an additional cost at the accommodations, but we recommend that you prepare to only wash clothes once. There will be several opportunities throughout the expedition, however.

## Required

- A mix of casual trousers/pants, shirts, jumpers, comfortable wear etc. (we recommend loose trousers for car rides and heat, such as Columbia style)
- Long sleeve shirts (Protecting arms from the sun). Brand g will be providing one expeditionary style long sleeve shirt as a gift to you.
- Wind breaker (gore-tex style) and/or sweater for cold snaps near the capital. Gobi Desert will be warmer, but Ulaanbaatar area can get chilly at night and warm clothing is needed
- Hiking boots with good ankle support for loose terrain
- Sunglasses
- Mix of cool and warm socks for hot days and cold evenings. Wool is a good option as well as thin cotton socks.
- Rain jacket and rain pants
- Personal toiletries (Toothpaste, shampoo, soap, etc.)
- Personal first aid kit (we will have one, but please bring one for your personal needs)
- Backpack for outings
- Sun block
- Sun hats
- Reusable water bottle/canteen (We provide big, bottled water and will have bottles to refill)

## Strongly Recommended

- Head lamp and/or flashlight(torch)
- Slippers for showers and walking around the camp
- Lip balm
- Portable batteries for personal electronic equipment
- Binoculars
- Ear plugs (sometimes dogs can bark at night at certain areas and yurts/gers are very thin)
- Small gifts for nomadic families (something that can be useful but not too expensive. Toys for children, Leatherman/pocket knife, school supplies etc. No need to overpack these items, simple is great.)
- European adapters (the sink-in socket kind with two circular prongs)

## Optional suggestions

- Bio-degradable soap
- Anti-bacterial hand gel

- Facial moisturizer
- Travel pillow (for neck support for car rides)
- Towel (While accommodations provide towels, it does not hurt to bring your own travel towel just in case)
- Pocket knife
- Walking stick
- Umbrella
- Books to read (nothing is better than enjoying a good book surrounded by nature). The following are a few suggestions specific to Mongolia that you may wish to consider:
  - Fiction:
    - [The Blue Sky by Galsan Tschinag and Katharina Rout](#)
    - [Until the Sun Falls by Cecelia Holland](#)
  - Nonfiction:
    - [The Secret History of Mongol Queens by Jack Weatherford](#)
    - [Genghis Khan and the Making of the Modern World by Jack Weatherford](#)
    - [The Secret History of the Mongols by Professor Urgunge Onon](#)
    - [On the Trail of Genghis Khan: An Epic Journey Through the Land of the Nomads by Tim Cope](#)
    - [Hearing Birds Fly by Louisa Waugh](#)